

## SDSU CEAL HEALTHY LONGEVITY WEBINAR SERIES

HEALTHY, HAPPY, AND HOME: THE ROLE OF AI IN AGING IN PLACE

As technology rapidly evolves, it is reshaping how we think about aging and independence.

This presentation explores the transformative role of Al and emerging technologies in supporting older adults to live independently, maintain their health, and stay engaged at homefor longer. It highlights practical applications such as smart home systems for safety and fall detection, Al-powered health monitoring tools for early detection of medical issues, and virtual assistants to coordinate care and manage daily tasks. The session also covers social technologies that combat isolation, digital platforms for accessing community resources, and tools that help families stay connected and informed. The emphasis is on how these innovations, when combined with human support, can create a more personalized, proactive, and empowering aging experience.

Join us to discover how innovation and human connection together can redefine what it means to age well.

NOVEMBER 13, 2025 2:00 PM - 3:00 PM (PST)





