

Conversations Not Crises: Hope for the Best but Plan for the Rest

What would change if you felt truly prepared for the final chapter of life? In this thoughtful and empowering talk, Dr. Bob Uslander invites you to explore what it means to approach the end of life with clarity, intention, and compassion.

When you take the time to get clear about your end of life wishes, it allows you and your loved ones to live each day with more freedom and ease, reducing uncertainty and helping them navigate difficult moments with greater confidence and peace of mind.

Whether you would like to plan ahead, are witnessing a loved one's decline and wondering what comes next, or are feeling the weight of future decisions that may fall on family or care partners, this can provide you with information that will help you experience more presence, freedom, and peace—not someday, but now.

Together, we'll explore the difference between palliative care and hospice care, offering clarity on how and when each can provide support. Dr. Bob will also share the Five Key Steps to Creating an Empowered End of Life Experience™, along with guidance on navigating end-of-life options for individuals living with dementia—one of the most complex and often misunderstood journeys in healthcare today.



 **REGISTER NOW**

MAY 7, 2026
12:00 - 1:00 PM (PST)