

SDSU CEAL HEALTHY LONGEVITY WEBINAR SERIES

BEHAVIORAL HEALTH ACCESS FOR OLDER ADULTS

According to SAMHSA, as people age, they may become more vulnerable to depression, anxiety, grief, and substance use disorders, while also facing barriers such as stigma, social isolation, high costs, and a complicated healthcare system. This webinar explores the critical issue of behavioral health access for older adults. Participants will examine common challenges and barriers, gain an overview of the behavioral health system of care, and learn about emerging opportunities to improve access.

Our discussion will be lead by Amanda Berry, MSW, MPH, a seasoned public health and policy professional currently serving as Government Affairs Manager at Health Center Partners of Southern California. With a background spanning local government, statewide policy reform, and academic research, Amanda brings a systems-level perspective to aging and behavioral health. She holds dual master's degrees in social work and public health from San Diego State University and serves on the County of San Diego's Behavioral Health Advisory Board.

Join us for this is a valuable opportunity to hear from a leader dedicated to advancing equitable access to care through collaboration, innovation, and advocacy!





AUGUST 7, 2025 12:00 - 1:00 PM (PST)

For more information, contact <u>ceal@sdsu.edu</u>

CEAL.SDSU.EDU