



NOURISHING AGING: ADDRESSING FOOD INSECURITY THROUGH MEDICAL AND COMMUNITY BASED SOLUTIONS

Community
Teaching
Kitchen



Discover how food insecurity affects older adults and what can be done to support their health and well-being. This webinar will dive into the challenges, risks, and innovative strategies to improve food access and nutrition. Whether you're a healthcare professional, caregiver, or advocate, you'll leave with valuable insights to make a meaningful impact in your community.

Guiding this conversation, Heidi Davis, MSW and Kayla Guillory, MS RDN CDCES, bring a wealth of experience in community-driven programs that focus on nutrition and health equity. They have been instrumental in creating hands-on culinary medicine education and inspiring hope and healing through their work at Providence's Community Teaching Kitchen in Portland, OR.

APRIL 10, 2025, 1-1:45 PM (PST)

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